

## Trail Map Legend

<b>Easiest</b> ●	<b>More Difficult</b> ■
<b>Most Difficult</b> ◆	<b>Night Ski Runs</b> ★
<b>Terrain Parks</b> ■	<b>Northlands TP2</b>
Young Guns TP1	Mushroom Beginner Park 33
<b>Gladed Ski Terrain</b> ■	<b>Ski Area Boundary</b> ---
<b>BC Park Trails</b> ●●●●	
<b>Brockton Chairlift</b> ■	<b>Mystery Peak Express</b> ■
<b>Goldie Magic Carpet</b> ■	<b>Lodge Chairlift</b> ■
<b>Tube Park Tow</b> ■	

### Ski Runs:

◆ Stems Stairway	16 Friendly Nut House ★	31 Goldie ★
◆ Hang Ten	17 Mystery Lake	Meadows
◆ Cliff House	18 Nutcracker	32 Flower ★
◆ Sammy J	19 Loofer Express	Basin
◆ Maverick	20 Devil's Drop	33 Mushroom ★
◆ Brockton Gully	21 Wonger	34 Rockies ★
◆ Sunshine Ridge	22 Pete's	35 Lower ★
◆ Sammy's Express	23 Elevator Shaft ★	36 Unicorn
◆ Exit 22	24 Earl's	37 Chuck's ★
◆ Backdoor	25 Unicom ★	38 Place
◆ Manning	26 Gun Barrel	39 Trapper ★
◆ Scooter	27 Crowfoot	John's
◆ Noel's Flight	28 Sling Shot	38 Seymour ★
◆ Velvet Gully	29 Boomerang	16's
◆ Northlands ★	30 Towerline	39 Cabin Trail

## Getting Here

Mt Seymour is in North Vancouver, less than 30 minutes from downtown Vancouver. Take the Lions Gate or 2nd Narrows Bridge Hwy #1 to Mt Seymour Parkway Exit #22. Follow Mt Seymour Parkway to Mt Seymour Road, turn left and follow up to the resort base area. Use Google Maps by entering our address below.

## General Hours of Operation

Mt Seymour is open daily from early December to mid-April. Visit our website or call our 24hr phone line for specific hours of operation.

## Shuttle Bus Service

A resort shuttle bus runs 7 days a week throughout the season from Lonsdale Quay and Parkgate Mall to the resort base area. Visit our website for schedule and rate information.

## Contact Information

1700 Mt Seymour Road  
North Vancouver, BC, Canada, V7G 1L3  
Ph: 604-986-2261

Email: snow@mountseymour.com  
www.MountSeymour.com

For employment opportunities visit our website!

## Base Area

<b>W</b> Washrooms	<b>J</b> Enquist Tube Park
<b>K</b> Toboggan Park	<b>L</b> Enquist Lodge
<b>M</b> Alpine Activity Centre Rentals, Retail Store, Lesson Desk Earl Pietsch Meeting Room	
<b>N</b> Snowshoe Adventure Centre Rentals, Tours & Programs	
<b>O</b> Three Peaks Lodge Rock Chute Inn, Grill Works Cafeteria, Whiskey Jack Room	
<b>P</b> Guest Services Season & Day Passes, General Assistance	
<b>R</b> Bear's Den & Wonder Carpet	
<b>S</b> BC Parks Trailhead & Kiosk	
<b>+</b> First Aid / Ski Patrol	
<b>P1 P2 P3 P4 P5</b> Parking Areas	



### Discovery Snowshoe Trails

<b>A</b> Ole's Pass	0.6km
<b>B</b> Cabin Trail	0.8km
<b>C</b> Creek Trail	0.3km
<b>D</b> Goldie Lake Loop	1.0km
<b>E</b> Cougar's Pass	0.9km
<b>F</b> Goldie Shortcut	0.3km
<b>G</b> Explorer Trail	0.4km
<b>H</b> Windfall Trail	0.6km
<b>I</b> Flower Lake Loop	0.6km
<b>J</b> Trapper John's Trail	0.1km
<b>K</b> Cabin Connector	

## BC Park Trails

BC Park Trails are located outside the resort's Controlled Recreation Area and official boundary. These trails are not patrolled or maintained by the resort. A backcountry skiing access gate is located at the top of Brockton Chair. A Valid Area Pass is required to be in the Controlled Recreation Area.

www.BCParks.ca

## Mountain Stats

Avg. Annual Snowfall	1000cm/394in
Top Elevation	1265m / 4150ft
Base Area Elevation	1020m / 3347 ft
Bottom Elevation	935m / 1083ft
Total Ski Area	200 acres / 81 hect.