

Trail Etiquette

- 1. We are a no tracking club. Faster skiers should step around slower skiers when it is safe to do so.
- 2. Trails are two way **unless noted** – use caution on hills and keep right.
- 3. When stopping to re-wax or chat, please step aside so other skiers can stay in the track.
- 4. Downhill skiers have the right of way.
- 5. Please pack out all litter.
- 6. If walking is necessary, stay to one side and avoid walking on set tracks.
- 7. If you fall, fill in any holes left behind so it is safe for the next skiers.

Dogs

- 1. Dogs are allowed on designated trails which are: Dog Trail, Copper to Dog Trail via Ketzta Connector, Copper beyond Harvey's Hut, Valley Loop, Logan Burn, Copper Haul Road, Copper Connector, Jeff Link and Valley Link.
- 2. Dogs must be under control when approaching other skiers.
- 3. Dogs are not allowed outside Wax Room except where indicated.
- 4. Owners are expected to clean up after their pets.
- 5. Parking for Dog Trail access is available at the Dog Trail parking lot south of Sumanik Drive and at the Mt Mac parking lot. Use the designated access route from the parking area to the ski trails.
- 6. Maximum 2 dogs per skier.
- 7. City Bylaws regarding dogs apply to the ski trails. Please obey the dogs on leash signs where posted.

Ski Club membership or Day Pass required to use the Trails and Wax Room. Memberships and Passes are available at the Ski Club office, The Ski Base or at the self-serve area in the wax room.

Trail Information

- 1. There are 75 kilometres of groomed trails for classic and skating technique.
- 2. Trail huts: Sarah Steele Hut, Bruce Harvey Hut and Fireweed Hut are equipped with stoves and firewood. Emergency supplies are also cached nearby.
- 3. Lighted trails: Dog/Copper Loop is 2.5 km. The World Cup 5k/Chalet Trail loop is 2.5K. Clockwise direction is recommended. Lights are on Monday to Friday evenings until 9:00pm unless the temperature is colder than -30°C.
- 4. Trail Conditions board in the wax room has updates on trails and hazards.
- 5. One way travel on following trails and trail sections:
 - Sarah Steele Loop in a counter-clockwise direction
 - World Cup 10K one way only from Powerline to KK corner in a clockwise direction – World Cup 10K is two-way on other sections – stay right
 - Pierre Harvey Loop – one way only - counterclockwise
 - 7.5K Trail one way only, from Fireweed Hut to Western Connector
 - Check the trail map for other one way recommendations
- 6. Signs indicating direction back to Wax Room show the shortest route back.
- 7. McIntyre Ascent and Descent Trails are maintained sporadically. Recommended for experienced skiers only. Watch for snowmobiles on Descent.
- 8. Summer use: trails are open for hiking, running, mountain biking and walking. Bears may be encountered so be prepared. The Ski Club is not responsible for summer trail operation or maintenance.

Whitehorse Nordic Centre

HOME OF THE WHITEHORSE CROSS COUNTRY SKI CLUB

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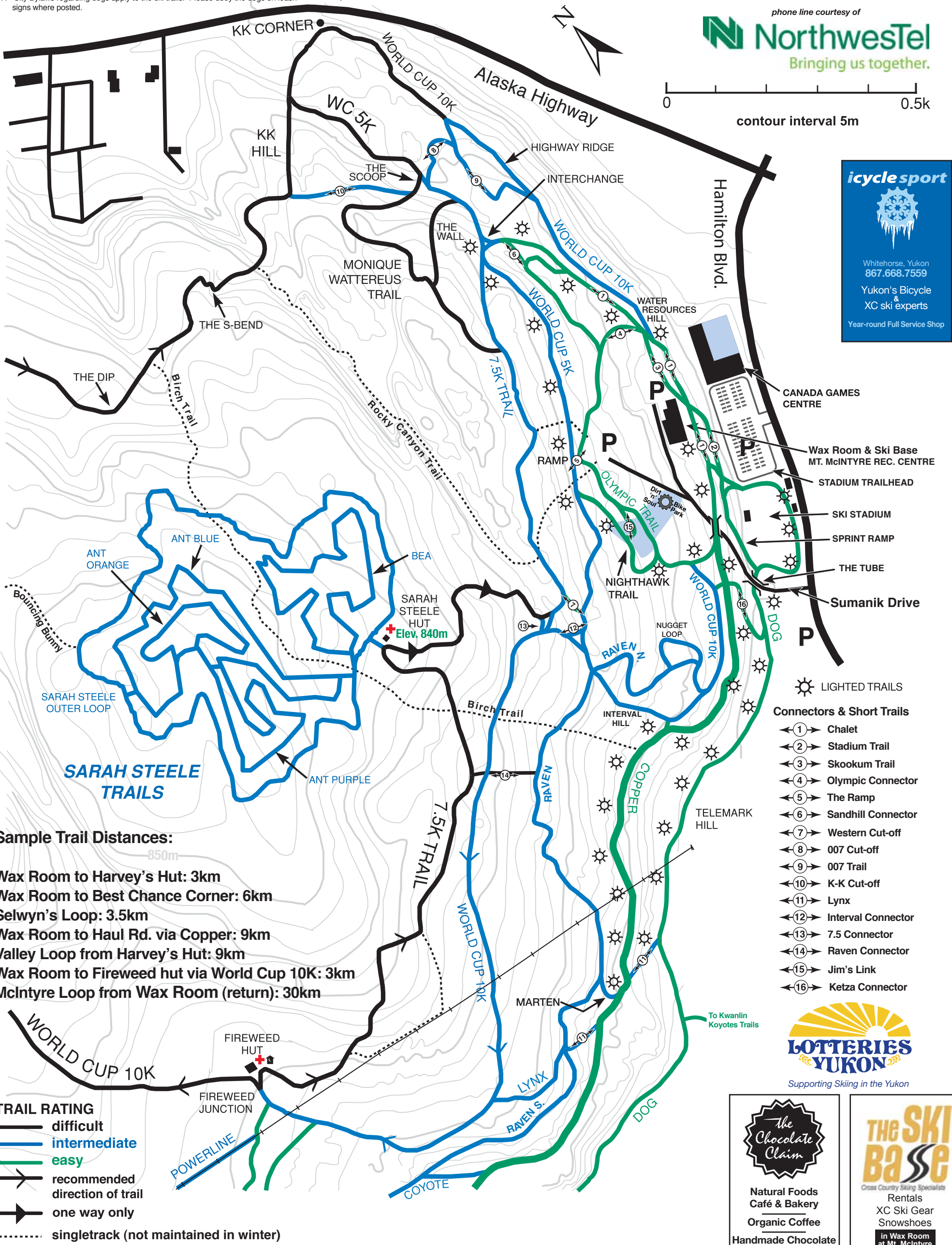
SKI CONDITIONS 668-7742

phone line courtesy of

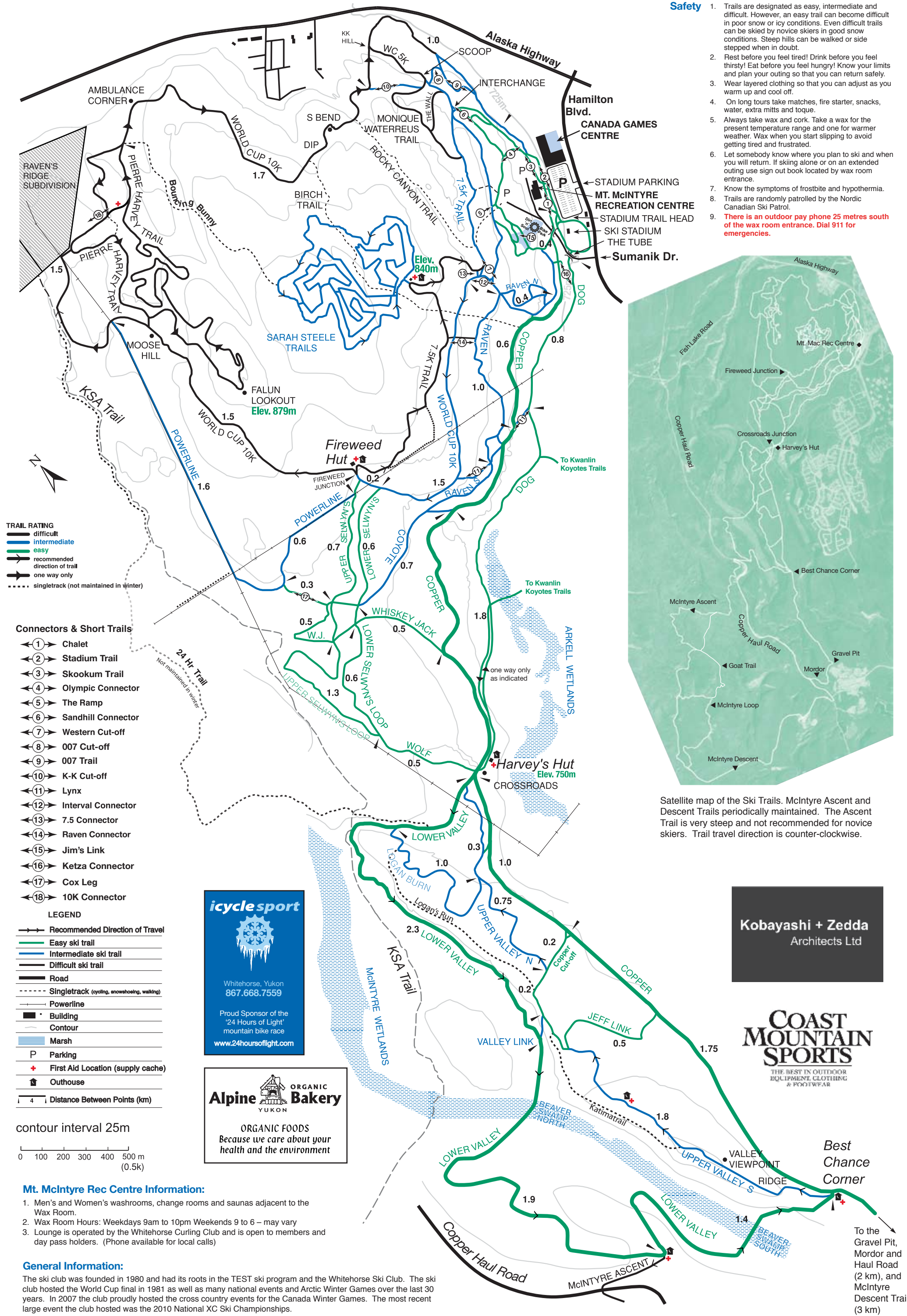


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Trail information current as of August 2010 . Adapted from maps provided by Ross Burnett and Jim Gilpin. Satellite map provided by Jim Gilpin. Map Revisions by Allan Frostad.



- Safety**
1. Trails are designated as easy, intermediate and difficult. However, an easy trail can become difficult in poor snow or icy conditions. Even difficult trails can be skied by novice skiers in good snow conditions. Steep hills can be walked or side stepped when in doubt.
 2. Rest before you feel tired! Drink before you feel thirsty! Eat before you feel hungry! Know your limits and plan your outing so that you can return safely.
 3. Wear layered clothing so that you can adjust as you warm up and cool off.
 4. On long tours take matches, fire starter, snacks, water, extra mitts and toque.
 5. Always take wax and cork. Take a wax for the present temperature range and one for warmer weather. Wax when you start slipping to avoid getting tired and frustrated.
 6. Let somebody know where you plan to ski and when you will return. If skiing alone or on an extended outing use sign out book located by wax room entrance.
 7. Know the symptoms of frostbite and hypothermia.
 8. Trails are randomly patrolled by the Nordic Canadian Ski Patrol.
 9. **There is an outdoor pay phone 25 metres south of the wax room entrance. Dial 911 for emergencies.**



Satellite map of the Ski Trails. McIntyre Ascent and Descent Trails periodically maintained. The Ascent Trail is very steep and not recommended for novice skiers. Trail travel direction is counter-clockwise.

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Mt. McIntyre Rec Centre Information:

1. Men's and Women's washrooms, change rooms and saunas adjacent to the Wax Room.
2. Wax Room Hours: Weekdays 9am to 10pm Weekends 9 to 6 – may vary
3. Lounge is operated by the Whitehorse Curling Club and is open to members and day pass holders. (Phone available for local calls)

General Information:

The ski club was founded in 1980 and had its roots in the TEST ski program and the Whitehorse Ski Club. The ski club hosted the World Cup final in 1981 as well as many national events and Arctic Winter Games over the last 30 years. In 2007 the club proudly hosted the cross country events for the Canada Winter Games. The most recent large event the club hosted was the 2010 National XC Ski Championships.

The ski club is a partner with the Whitehorse Curling Club and the City of Whitehorse in operating the Mt McIntyre Rec Centre. The Rec Centre was opened in 1981 when the ski club hosted the World Cup. The curling rink was added in 1985.

To book the Grey Mountain banquet room at Mt Mac please call the Canada Games Centre 668-8360. To book the Wax Room call the ski club office at 668-4477.

WHITEHORSE CROSS COUNTRY SKI CLUB