

# Ski Callaghan!

at Whistler



## General Safety

The safety of our guests, athletes and staff is of utmost importance to us. We hope you find the following information useful. If you have any questions or concerns about safety at Ski Callaghan (known also as the “Park”), please do not hesitate to contact one of our staff members. For additional information about safety in the Park please contact: [safety@whistlersportlegacies.com](mailto:safety@whistlersportlegacies.com)

### Helmet Usage

Helmets are not mandatory when skiing in the Park, but are required for certain specialized activities including, but not limited, to ski jumping and tobogganing.

## Avalanche Safety

There are certain areas of the Park that pose an avalanche risk. If you choose to travel through an avalanche prone area, avoid large, steep, lee bowls, gullies, and cornices and choose safer routes: ridge tops, valley floors, dense timber, and low-angle slopes.

Further minimize your risk by:

- Not having more than one person in an avalanche prone area at any time.
- Not stopping in the middle of the area.
- Watching each person in the area and staying in voice contact.
- Having a plan: knowing who is going first, where to stop and where the escape route is.

## Backcountry Safety

While the Park provides access to the backcountry, the Park is not responsible for the safety of any persons using the backcountry.

Overnight parking is not permitted in the Park. In the event that the owner of a vehicle is unable to be located within the Park, the Park will contact the RCMP who will in turn contact the appropriate search-and-rescue organizations. All costs associated with the search for and rescue of backcountry users will be born by the users.

If you are planning to travel in the backcountry, minimize your risk by:

- Leaving word with a reliable person regarding your proposed route and expected return time.
- Researching the route and its hazards: known slide paths, cornices, cliffs, crevasses.
- Checking the weather and avalanche danger and having an alternative trip choice available.
- Considering group makeup; beacon compatibility, experience, fitness level and group size.
- Carrying and knowing how to use an avalanche rescue beacon, a shovel, a probe or probe ski poles.

## Ski Callaghan Signage

The following signs are displayed in the Park, please take time to understand them and follow their directions. It is your responsibility to know where you are at all times.

### Ski Area Boundary

This sign indicates the edge of the Park. Any activity undertaken outside the Park is done at your own risk. This area is not patrolled. It is also important to be aware that although they are not signposted, any area “off trail” in the Park is also not patrolled.

### Temporary Boundary

This sign indicates areas within the Park that are temporarily unsafe due to snow conditions and natural or man-made hazards. Only staff members are permitted inside these areas. Persons found in these areas will have their access privileges revoked. These areas are not patrolled.

### Permanently Closed

This sign indicates areas within the Park that are permanently closed. Only staff members are permitted inside these areas. Persons found in these areas will have their access privileges revoked. These areas are not patrolled.

### Avalanche Prone Area

This sign indicates areas within the Park where the terrain presents a risk of avalanche.

## Trail Ratings

A color–shape rating system is used to indicate the difficulty of groomed trails within the Park. The rating classifies a given trail according to its relative difficulty when compared with other trails in the Park. Although slope gradient is the primary consideration in assigning a trail rating, other factors come into play — including trail width, normal snow conditions and how frequently the trail is groomed. It is recommended that all skiers, of all ability levels, work their way up from an easy trail so that they can become familiar with the rating system in the Park.

### Trail Direction

All trails are two-way unless signed otherwise.

### Green Circle / Easy

The green circle indicates a relatively easy trail appropriate for novices with basic climbing and descending skills. This type of trail is predominantly flat with gradual hills and long straight run outs. Neverland trail is suitable for absolute beginners with very limited hill climbing and descending abilities.

### Blue Square / Intermediate

The blue square indicates an intermediate grade of trail that is appropriate for all skiers with competent climbing and descending skills. Blue trails have steeper climbs and descents than novice or “green” trails making them more physically demanding. Blue trails often require cornering and descending together and therefore require more skill to maneuver than novice trails.

### Black Diamond / Advanced

The black diamond indicates an advanced trail. These trails are appropriate for all skiers that have well developed climbing and descending skills. A black trail will require precise maneuvering on hills with tight and high speed cornering. Advanced trails are the most physically demanding with significant change in elevation.



## Tobogganing & Ski Play Areas

There are dedicated tobogganing and ski play areas within the Park. All children must be supervised by an adult when using either of these areas and must adhere to the following rules when using the tobogganing area.

### Tobogganing Rules

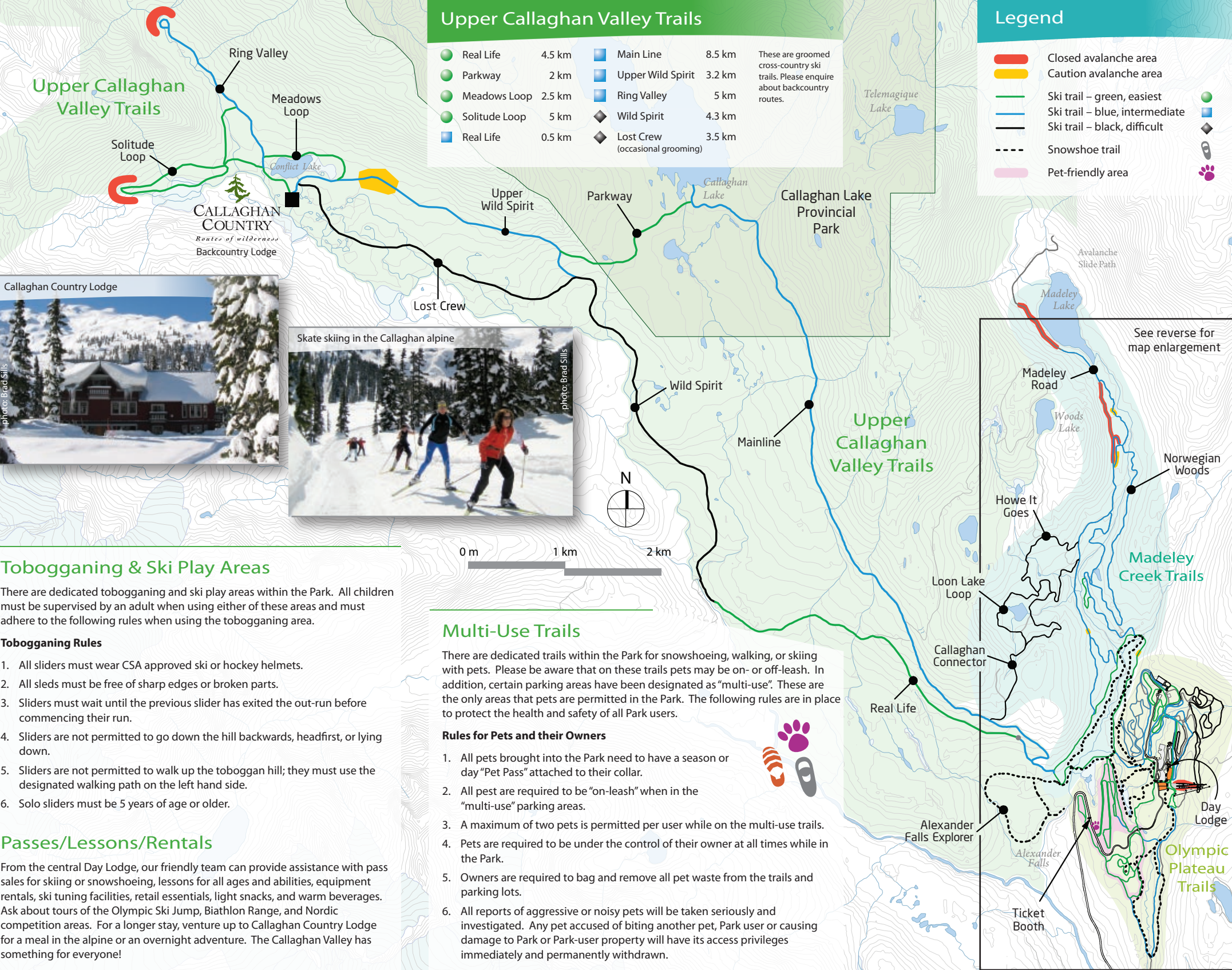
1. All sliders must wear CSA approved ski or hockey helmets.
2. All sleds must be free of sharp edges or broken parts.
3. Sliders must wait until the previous slider has exited the out-run before commencing their run.
4. Sliders are not permitted to go down the hill backwards, headfirst, or lying down.
5. Sliders are not permitted to walk up the toboggan hill; they must use the designated walking path on the left hand side.
6. Solo sliders must be 5 years of age or older.

## Passes/Lessons/Rentals

From the central Day Lodge, our friendly team can provide assistance with pass sales for skiing or snowshoeing, lessons for all ages and abilities, equipment rentals, ski tuning facilities, retail essentials, light snacks, and warm beverages. Ask about tours of the Olympic Ski Jump, Biathlon Range, and Nordic competition areas. For a longer stay, venture up to Callaghan Country Lodge for a meal in the alpine or an overnight adventure. The Callaghan Valley has something for everyone!

## Upper Callaghan Valley Trails

Real Life	4.5 km	Main Line	8.5 km	These are groomed cross-country ski trails. Please enquire about backcountry routes.
Parkway	2 km	Upper Wild Spirit	3.2 km	
Meadows Loop	2.5 km	Ring Valley	5 km	
Solitude Loop	5 km	Wild Spirit	4.3 km	
Real Life	0.5 km	Lost Crew (occasional grooming)	3.5 km	



## Legend

- Closed avalanche area
- Caution avalanche area
- Ski trail – green, easiest
- Ski trail – blue, intermediate
- Ski trail – black, difficult
- Snowshoe trail
- Pet-friendly area

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### Hours of Operation

Welcome to the spectacular Callaghan Valley – home of Whistler Olympic Park, which was the site of the Nordic events for the Vancouver 2010 Olympic and Paralympic Winter Games, and Callaghan Country Lodge.

Daytime	Evening
Mar. 1, 2011 to Feb. 28, 2011 Daily • 8:30 am to 4:30 pm	Nov. 16, 2010 to Dec. 16, 2010 Tues., Wed., Thurs. • 4 pm to 9 pm
Jan. 5, 2011 to Mar. 30, 2011 Wed. only • 4 pm to 9 pm	(Callaghan Country Lodge remains open until May 1, 2011)

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