The **Mount Shark Trail System** offers you a challenging outing on trails that were developed for skiers interested in racing and training. There are six interconnected loops of varying lengths from which to choose.

The Mount Shark trailhead is a major starting point for skiers and hikers heading into Banff National Park and Mt. Assiniboine Provincial Park in B.C. Access into these areas is gained via Watridge Lake Trail. Most of the trails in this system are intermediate, with some difficult and demanding sections. If you want to ski on an easy trail, Watridge Lake Trail is an easy rolling trail with some excellent views.

All or portions of these trails may be closed whenever there is a race being held here.

Trail and avalanche information can be obtained from
the Peter Lougheed Provincial Park Visitor Centre at (403) 591-6322.

#### Ruedi Setz Memorial Biathlon Range:

This range, built in 1991, was named after Ruedi Setz, a nordic athlete and enthusiastic contributor to the development of the biathlon and cross-country skiing in Alberta. Ruedi was instrumental in the visualization of this facility, used by athletes for practice and occasional races.

#### Watridge Lake Trail:

This is a recreational trail that allows access to Watridge Lake and Banff National and Mt. Assiniboine Provincial Parks. Watridge Lake is 3.2 km from the trailhead. To actually get down to the lake, you must descend a short, steep connector trail from the junction to the lake. Use caution when descending this trail as there may be skiers slowly working their way up.

### Grooming & tracksetting:

All of these trails are groomed and trackset during the winter.

The last loop of the "Green 15 km Trail" is **not** groomed or trackset, but most of the time there will be a track from previous skiers on it.

The trails indicated as "biathlon trails" may not be trackset except for races.

Please watch for grooming equipment on the trails.



Parking

Helipad

Toilets

Travel Direction

Watridge Lake Trail

Mount Shark Road

Biathlon Range

Bridge

### In case of emergency:

Numbered Junction

The nearest help is at Mt. Engadine Lodge, 5 km along the Mt. Shark Road.

Please do not contact them unless you have an emergency, as it is a private lodge.

If you require Fire, Ambulance, Police or Mountain Rescue assistance,
immediately call 9-1-1. Tell the operator you have an emergency in Kananaskis Country.

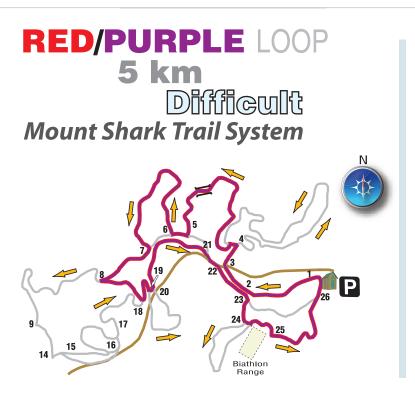
# To report a sighting of a bear or a cougar:

Please call Kananaskis Dispatch at (403) 591-7755

## For more information:

Peter Lougheed Visitor Information Centre (403) 591-6322 Service Alberta Call Centre 310-0000 (ftoll free in Alberta) www.cd.gov.ab.ca/parks/kananaskis









the field will direct you through your chosen loop.

RED LOOP





Please remember: