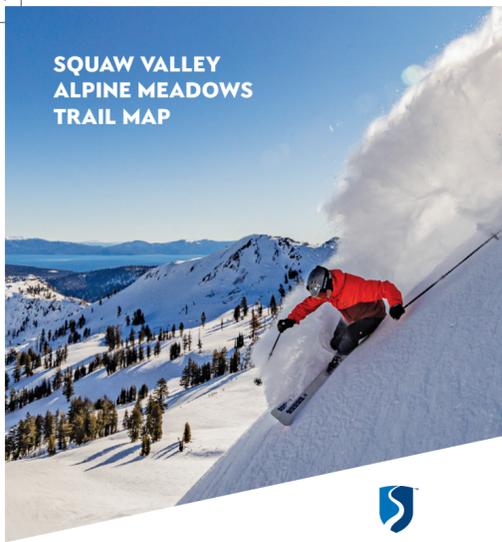


# SQUAW VALLEY ALPINE MEADOWS TRAIL MAP



squawalpine.com



## Download the Squaw Alpine App for:

- Real-time lift & trail status
- Lift wait times
- Purchase lift tickets, lodging, lessons
- Reserve table, order food
- Track daily & seasonal performance



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Map Key			
	Express Lift		Ski Patrol
	Fixed Grip Lift		Restaurant
	Double Chair		Restroom
	Triple Chair		Tickets
	Quad Chair		ATM
	Six Pack Chair		Mountain Chapel
	Carpet Lift		Squaw-Alpine Shuttle
	Easier		
	More Difficult		
	Most Difficult		
	Parks & Pipes		
	Slow Zone		
	Ski Area Boundary		
	Closed Ski Area Boundary		



FOR MORE INFO 800.403.0206

## Progression Plans

These are sample itineraries based on skiing and riding ability. For a fun and comprehensive way to discover the best terrain for your ability and style, please consider booking a lesson or guide.

### First Time Beginner

The Big Carpet Surface Lift and Subway Chair are located east of the Main Lodge.

- BIG CARPET SURFACE LIFT
- BEGINNER AREA
- SUBWAY CHAIR
- SUBWAY BEGINNER AREA

### Beginner

Take a few warm-up laps off of the Big Carpet Surface Lift. When you're ready, head to Subway Chair for some beginner terrain.

- SUBWAY CHAIR
- SUBWAY BEGINNER AREA
- MEADOW CHAIR
- MEADOW BEGINNER AREA

### Intermediate 1

Take a few warm-up laps on Meadow Chair. When you're ready for something more challenging, head to Treeline Cirque Express Chair for intermediate terrain. Be sure to unload at the mid-station! Ride Roundhouse Express for more intermediate runs.

- TREELINE CIRQUE EXPR.
- WEASEL RUN
- EAST CREEK
- ROUNDHOUSE EXPRESS
- ROCK GARDEN
- DANCE FLOOR
- CHARITY

### Intermediate 2

Take a few warm-up laps on Treeline Cirque Express and on Weasel Run. When you're ready for something more challenging, ride Treeline Cirque Express Chair to access Sherwood and Lakeview Chairs.

- SHERWOOD EXPRESS
- SHERWOOD RUN
- MAID MARIAN
- ROBIN HOOD
- LAKEVIEW CHAIR
- OUTER LIMITS
- TWILIGHT ZONE

### Advanced 1

Take a few warm-up laps on Roundhouse Express. When you're ready for something more challenging, ride Summit Chair. As you get near the top of the chairlift, you will see Alpine Bowl to your left and Wolverine Bowl to your right.

- SUMMIT EXPRESS
- ALPINE BOWL
- SUN SPOT
- WOLVERINE
- D-8

### Advanced 2

Take a few warm-up laps on Roundhouse Chair. When you're ready for something more challenging, ride Treeline Cirque to the top station to access Sherwood Express.

- SHERWOOD EXPRESS
- ROBIN HOOD
- SHERWOOD FACE
- SOUTH FACE

## Ski & Snowboard School Programs

Reservations Required  
Book online or call 1-800-403-0206

Stop by the offices or visit squawalpine.com  
All lessons include priority lift line access

### PRIVATE LESSONS

Form your own group of up to five people for the same price

- Customized for adults, kids and families
- 1-hour sessions for 1 kid age 3-4
- 2-hour sessions for 2 kids ages 5-7
- 3-hour sessions for up to 5 adults and kids ages 8+
- Family privates up to 5 people with kids ages 7+

### THE NORTH FACE MOUNTAIN GUIDES

- Half day morning or afternoon available
- Every morning half day participant will receive a complimentary soft shell hoodie or item of similar value from The North Face™
- Up to 4 participants ages 13+ for same price
- Led by local guides and athletes

### ADULT GROUP LESSONS

- For beginner, intermediate and advanced levels

### LEARN TO SKI & RIDE AT ALPINE MEADOWS

- Lift, lesson and rental package for adults and teens.
- Afternoon only, \$130 midweek, \$160 weekend & holidays

### SPECIALTY CLINICS

- Alpine Unlimited—a season pass to adult group lessons at Alpine Meadows
- Women of Winter, Wednesdays & Sundays
- Squaw Valley Ski Club, a ski club for adults

### KIDS GROUP LESSONS

- For ages 8+, ski and snowboard, all ability levels

### ACHIEVE TAHOE

- Instruction for people with disabilities
- Call 530-581-4161 for lessons and information

## Rentals, Demo and Repair Locations

### SQUAW VALLEY

#### Base Area

- Ski & Snowboard Rental & Tuning Center
- Ski & Snowboard School Sales & Rental Center
- Village Demo Center

#### On Mountain

- Gold Coast Demo Center
- ALPINE MEADOWS Main Lodge
- Ski & Snowboard Rental, Demo & Tuning Center

## Back Side



## SQUAW

### Dining

#### The Village

- Auld Dubliner
- Coffeebar Squaw Valley
- Euro Sweets/Euro Snack
- Euro Sweets
- Fireside Pizza Company
- MTN ROOTS Food Truck
- PlumpJack Café
- Rocker@Squaw
- The Slot Bar
- Starbucks
- Tremigo Mexican Kitchen and Tequila Bar
- Twenty-Two Bistro & Bar
- Uncorked Wine Bar

#### O-House

- KT Base Bar
- Le Chamois
- Oh! Burger
- Plaza Bar

#### On Mountain

- Gold Coast
- The Arc
- Fun's
- Starbucks

#### High Camp

- Granite Bistro
- Marketplace
- The Terrace

### Shopping

#### The Village

- Alice's Mountain Market
- Gallery Keoki
- Kalifornia Jean Bar
- KTees Logo Wear
- Lather & Fizz Bath Boutique
- The Ledge Board Shop
- Mind Play
- The North Face
- Oakley
- Parallel Mountain Sports
- Patagonia
- Spirits of the Valley

- Spruced Gift & Home
- Surefoot Custom Bootfitters
- Village Demo Center
- Village Logo Company
- Wanderlust Yoga Studio

#### On Mountain

- Gold Coast Demo & Sport Shop
- High Camp Marketplace

#### Real Estate

- Compass
- Sierra Sotheby's International

## CONTACTS

Squaw Valley Emergency 530.452.7145  
Alpine Meadows Emergency 530.581.8222

- Guest Services | Ski & Snowboard School 800.403.0206
- Alpine Kids & Squaw Kids | Free Ski Shuttle | Locker 530.452.4355
- Squaw Valley Snowphone (lifts/conditions) 530.452.4356
- Alpine Meadows Snowphone (lifts/conditions) 530.452.7180
- Security 888.766.9321
- The Village at Squaw Valley Lodging 866.368.1357
- Group Sales 530.581.4161
- Achieve Tahoe 800.427.7623
- Road Conditions www.dot.ca.gov

## ALPINE

### Dining

#### Base Lodge

- Alpine Bar
- The Last Chair
- Meadows Café
- Stoked Oak BBQ
- Treats Café

#### On Mountain

- The Chalet
- The Ice Bar

(Located near) Achieve Tahoe  
MOGROG Cafe

### Shopping

#### Base Lodge

- Estelle Sports