

FREERIDE TRAILS		
Fun Run		
Peach Fuzz		
Dirt Reynolds		
Risky Business		
Shock		
Aftershock		
Gnarria		
Holy Driver		
Skid Mark		
Bad Jackson		
Grandma's House		
Two Tired		
Dirt Sample		
The Trooper		
TECHNICAL / XC TRAILS		
North Peak		1 Mile
Bridges		2 Miles
Blue Bottle		2 Miles
Bob Ross		1 Mile
Lemon Squeeze		2.5 Miles
Tree Tops		1.5 Miles
Fine Pine		2 Miles
North Spine		2 Miles
Spine Escape		2 Miles
Ziggy's Zag		.4 Miles
Bridges Bypass		.75 Miles

MAP KEY

- Easier
- More Difficult
- Most Difficult
- Extreme
- Parking
- Bike Rentals
- Restrooms
- Dining
- Warming Hut
- Information

IN CASE OF EMERGENCY

Emergency
231.526.3899

Adventure Center
231.526.3835

NEUTRAL POSITION

- Stand on Level Cranks
- Knees & Elbows Slightly Bent
- Index Fingers on Brake Levers

CORNERING

- Slow Before Corner
- Brake Through Corner
- Lean Bike to Inside

BRAKING

- Index Fingers on Brake Levers
- Gently Squeeze Both Levers
- Heels Down & Hips Back

RIDE SMART

SLOW DOWN BEFORE YOU SPEED UP. Crashes can happen on your first lap. Ride the trail multiple times to get familiar with the features and equipment you're on so you can confidently push your limits without pushing your threshold. Jumping skills are required for free-ride trails.

PRE-RIDE

Warm up the brain and body by inspecting the trail at low speed. Take the time to check your equipment.

RE-RIDE

Lap the trail a few times and get to know the flow of the feature.

FREE-RIDE

Start small and work your way up to faster speeds and larger features.

TRAILS CHANGE DAILY

