

SILVER STAR Mountain Resort

VERNON, B.C.

NORDIC 2004-2005



MAGICAL MOMENTS...



Silver Star Mountain is North America's premier Nordic destinations. Whether you're here to sharpen your pre-season technique during our famous 'Month of Nordic' festival or are enjoying the mild, moderate midwinter temperatures, (average daytime high is -5° Celsius/23°F) Silver Star's 60 kilometre trail system will delight and amaze you. Many Olympians choose to train at Silver Star because of the variety of terrain, superb facilities and amenities, and the reliable snow conditions.

Ski-to / ski-from Nordic trails leave right from your door. Trails range from gently-winding beginner tracks to challenging, switchbacking terrain for advanced skiers. Our qualified, experienced Nordic instructors can introduce you to the sport improve your classic or skate-skiing techniques.

Grab a bag lunch and ski out to the new Mountain View Cabin; equipped with a wood stove, comfortable tables and seating. You'll love the impressive views!

The Nordic trails wrap around the entire mountain, meaning you can ski from the Village to Paradise Camp and meet up with friends and family who might be downhill skiing. Beginners can access the upper trail network by taking the chairlift and enjoying a casual, meandering ski back to the Village. What a great way to spend a sunny winter's day!



2004-2005

Why Silver Star Nordic Shines Brightest..

- ✦ 6 months of Nordic skiing (November to April)
- ✦ 100% Ski in/Ski out accommodation
- ✦ 23 feet (700 cm) of dry Okanagan powder snowfall annually
- ✦ 60 km groomed and track-set trails
- ✦ 4 km lit track for night skiing
- ✦ 2 trail heads
- ✦ Meticulous Grooming- Silver Star's cross-country grooming team is world-renowned for their expertise in grooming for skate technique and setting track for classic.
- ✦ State-Of-The-Art Grooming Equipment.
- ✦ Best Ski Weather in Canada- We have more days of clear skies, dry snow and "blue wax" days than any other BC resort.
- ✦ Biathlon Range- With two fully certified biathlon ranges Silver Star regularly sees teams including the Canadian, German and USA National Biathlon teams.
- ✦ Mountain View Cabin equipped with wood stove, tables, and the best view of Silver Star Mountain.



Favorite Nordic Trails

Meadow Trail – 4 km – An easy tour around the Knoll to Silver Lake. Watch the ice skaters in action and stop at the Tube Town Cantina for hot chocolate and great hamburgers.

Paradise Camp – 5 km – An easy descent winding around the north side of the mountain. Stop in at Paradise Camp for great soup and sandwiches enroute back to the village.

Sidewinder – 3.5 km – Silver Star's best viewpoint trail, and an easy ski for beginners. This side trip from Meadow Trail passes the Biathlon Range and Cabin which then connects with Mtn. View where you will find an amazing lookout and cabin.

Alder Point – 5 km – New this season is the Alder Point connector looping back to Comin' Round the Mountain.

Knoll Skiways – 2 km – Two trails around the Knoll providing a closeup view of the Victorian homes.

Paradise Lake / Step-Turn Hill – 1.5 km – A fun side trip off Paradise Trail that goes around the reservoir and the rejoins the main trail after an exciting set of switchbacks that go from easy to "interesting"!

World Cup – 3 km – The name says it all. This trail was used for the 1991 World Cup hosted at Silver Star Mountain Resort.

Snowsport School

Sharpen your classic or skating techniques with a lesson from the Silver Star Nordic School, which offers lessons for all ages and skill levels.

- ✦ Group Lessons from \$25.00
- ✦ Private Lessons from \$45.00

Discover Nordic Ski Programs from \$39.00, includes a 1 hour lesson, full day equipment rental and trail pass. Register at the Silver Star Snowsport School daily from 8am - 4pm. Call (250) 558-6065 or email school@skisilverstar.com.



"Silver Star really is my favorite early season training site with it's great snow, and abundance of trails. The atmosphere and amenities offered within the resort are second to none, and it is without a doubt, one of the camps I look forward to most in the year".

- Beckie Scott, 2002 Olympic Gold Medallist, Nordic Skiing



The Canadian Classic

www.skisilverstar.com

Photography: Glenn Bond, Morten Byskov and Don Weixl

NORDIC TRAILS

● Easier ■ More Difficult ◆ Most Difficult

LEGEND

| | | | |
|----------------------|------------------------------|-----------------------------|----------------------|
| Parking | Easier | } Cross Country Core Trails | Meadows |
| Cross Country Skiing | More Difficult | | Buildings |
| Downhill Skiing | Most Difficult | | Cabin |
| Warming Hut | Early Season Training Trails | | All Purpose Trails |
| Viewpoints | | | Contour Interval 20m |
| Washrooms | | | |

Silver Star Village Trails

- Pond Trail - .5 km
- Meadow - 4 km
- Sidewinder - 3.5 km
- Rollerblade - 1 km
- Knoll Skiway East - .5 km
- Night Loop - 4 km
- Silver Streak - .5 km
- Mtn. View - 1 km
- Bellavista - 2 km
- Knoll Skiway West - 1.5 km
- Grandview Skiway - .5 km
- Aberdeen Skiway - 2 km
- Bridle Path - 4 km
- ◆ Heartbeat - .5 km
- ◆ Beetle Juice - 1 km
- ◆ World Cup - 3 km
- ◆ Vance Cut Off - .5 km

Silver Star Putnam Creek Trails

- Paradise Camp - 7 km
- Comin' Round the Mountain - 3 km
- Alder Point - 5 km
- Howie's Loop - 1 km
- Aquaduct - 1.5 km
- Comin Round the Mountain Connector - 2 km
- Cabin East - 1 km
- Last Chance - 3 km
- Paradise Lake - 2 km
- Step Turn Hill - 1.5 km
- Upper Biathlon - 3 km



Guided Mountain Tours

If you're new to Silver Star Mountain Resort, join our Ski Partners for a free guided tour of the mountain. Available for intermediate to expert skiers. Meet in the Village at 9:30am & 1:15pm.

