

# Wind Chill Chart

It may appear warm out but have you checked the wind? The combination of low temperature and wind will create more severe, often dangerous weather conditions. Wind chill factor is a measure of the combined chilling effect of wind and temperature.

## Examples of Wind Chill Factor

Wind chill factor	Comments
<b>700</b>	Conditions considered comfortable when dressed for skiing.
<b>1200</b>	Conditions no longer pleasant for outdoor activities on overcast days.
<b>1400</b>	Conditions no longer pleasant for outdoor activities on sunny days.
<b>1600</b>	Freezing of exposed skin begins for most people depending on the degree of activity and the amount of sunshine.
<b>2300</b>	Conditions for outdoor travel such as walking become dangerous. Exposed areas of the face freeze in less than 1 minute for the average person.
<b>2700</b>	Exposed flesh will freeze within half a minute of the average person.

Temperature, C	Wind Speed, km/h							
	calm	10	20	30	40	50	60	70
-10	800	900	1100	1200	1300	1300	1300	1400
-5	900	1100	1200	1300	1400	1500	1500	1600
-10	1000	1200	1400	1500	1600	1700	1700	1800
-15	1200	1400	1600	1700	1800	1900	1900	2000
-20	1300	1500	1700	1900	2000	2100	2100	2200
-25	1400	1600	1900	2000	2200	2300	2300	2400
-30	1500	1800	2100	2300	2400	2500	2500	2600
-35	1600	1900	2300	2500	2600	2700	2700	2800
-40	1800	2100	2400	2600	2800	2900	2900	3000
-45	1900	2200	2600	2800	3000	3100	3100	3200

To determine the wind chill, follow the air temperature across the chart to the wind speed. The value found is the wind chill in watts per square metre/hour.

# UV Rating Chart

UV Index	Category	Sunburn time
Over 9	extreme	less than 15 minutes
7-9	high	about 20 minutes
4-7	moderate	about 30 minutes
0-4	low	more than one hour

When the UV index is over 9, UV-B is extremely strong and you will burn in less than 15 minutes. (Sunburn times are for light untanned skin, the times would be somewhat longer for those with darker skin.) Even if you do not get a burn, you may still be damaging your skin.

## Emergency Information

<b>Park Emergency</b>	1-800-667-1788
<b>RCMP</b>	911
<b>Ambulance</b>	911
<b>Hospitals - Yorkton</b>	(306) 782-2401
<b>Fire Watch</b>	1-800-667-9660
After you have made contact with emergency services, please notify the park office to advise them of the situation.	

## Park Information

<b>Park Office</b>	(306) 792-4750
<b>Within Saskatchewan</b>	<b>1-800-205-7070</b>
Mon-Fri 8:00 a.m.- 5:00 p.m.	
<b>Turn In Poachers</b>	1-800-667-7561
<b>Email:</b> goodspririt@serm.gov.sk.ca	
<b>Website:</b> www.saskparks.net	
Visa, Mastercard and debit cards accepted.	



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# Good Spirit Lake

## Provincial Park

## Summer & Winter Information



# Summer in the Park

One of the best natural beaches in Saskatchewan awaits you at the south end of Good Spirit Lake. Shallow shores give swimmers plenty of splashing room. Friends and family will enjoy the beaches, dunes and trees.

While in the park, have a safe and enjoyable vacation. If the park staff can be of any assistance, please call into one of the park offices.

# Winter in the Park

Winter is one of our best seasons at Good Spirit Lake Provincial Park, situated 32 kilometres north of Yorkton on Highway 9. Turn west for 16 kilometres on Highway 229. Over 18 kilometres of trails await beginner and expert skiers alike. Experience the beauty of nature along a trail and a whole new world will unfold before you. Talk to the friendly park staff. They can provide you with information and advice that will make your visit more enjoyable.



## Beaches

Good Spirit Lake offers many good quality sand beaches. The warm shallow water and sandy weed free bottom provides excellent swimming and bathing opportunities for children. The main beach although unsupervised, is bouyed and frequented by park staff to ensure your enjoyment and safety. The main beach is only a short walk from the campgrounds, and there is also ample vehicle parking available close to the beach.

A large picnic area directly behind the beach offers a modern beach change house complete with showers, playground equipment and covered picnic shelter. This beautiful area of manicured grass is well shaded by mature spruce and poplar trees and offers excellent picnic opportunities. Well developed walkways link this area with the beach parking lot and nearby food concession.

## Sand Dunes

Explore the beauty of the parks active sand dunes located on the southeast corner of Good Spirit Lake. These natural dunes are the result of thousands of years of wind and water activity. Access to this fragile area is limited to hiking trails or by boat. Guided interpretive hikes into the area by knowledgeable park staff are popular during the peak season.

The remote, high quality beach located at the foot of the dunes, is popular with swimmers and sun bathers desiring privacy or quiet relaxation away from the crowd.

## Picnicking

Good Spirit Lake offers picnicking facilities at several locations throughout the park where people can enjoy the scenery and spend quality time in the outdoors. Check with park staff at the entry for information on picnic areas in the park.



## Boating

Whether angling, water-skiing or just cruising the waves, Good Spirit Lake offers excellent boating opportunities for the water enthusiast. A quality boat launch facility is located in the park at the south end of the lake and marine gas and other supplies are available at the convenience store immediately adjacent to the park. Paddle boat and canoe rentals are available on the beach.

## Boat Rentals

There is a privately-owned boat rental facility that operates from May to September. Take advantage of the wide variety of rentals such as paddle boats, water skates, surf bikes, fishing boats, kayaks and canoes.

## Fishing

Angling can be one of the most relaxing and rewarding experiences, and cooking fresh caught fish in the outdoors adds even more to the enjoyment. Good Spirit Lake supports good populations of walleye and northern pike and reports good angling success especially in spring and early summer. Angling licences, fishing tackle and other supplies are available at various locations in the area.

## Camping

If it is a camping experience you are interested in, Good Spirit Park offers a wide variety of camping opportunities. The park has 126 electrified sites and 88 non-electrified sites, as well as a large quantity of overflow and economy sites for those desiring a more rustic outing. Modern service centres with showers and washroom facilities are located throughout the area and available to all park visitors.

Group camping is available in the park and is popular for family reunions or other group gatherings. Booking these sites in advance is recommended to ensure availability when required. Details and bookings can be arranged through the main office or park entry gate.

A modern well designed recreation hall complete with kitchen and meeting room is located in the park. This facility is available for rent and can be booked for meetings, weddings, reunions or in conjunction with group camping activities.

One wheelchair accessible campsite has been developed in the main campground. This fully serviced electrified site includes concrete slab base, sewer and water hookup, barbecue and picnic table. This site can be booked in advance by contacting the main office or park entry gate.

## Park Interpretive Programs

Friendly, knowledgeable park staff deliver an interpretive program catering to park visitors of all ages. Whether it is beach front games, holiday celebrations, or nature walks through the sand dunes, there is

always something to do in the park. If the weather becomes a problem, activities are simply moved indoors to the recreation hall. Films, crafts, lectures and games help pass the time and make your park experience enjoyable. Bulletin boards located throughout the park provide accurate information on current activities planned in and around the park.

## Food Service and Concession

A fast food concession and convenience store is located in the park near the main beach. This facility is open daily from May to September and can fill basic needs.

One mile south of the park at Spiritwood Acres, a well stocked store/gas bar/liquor outlet can fill the rest of your needs. As well, condominium and cabin rentals, a full service restaurant and an 18-hole grass greens golf course with pro-shop is located in this same area.

## Mini-Golf

Challenge your putting skills at the creatively planned 18-hole mini-golf located between the main campground and the recreation hall. This privately operated facility is open from May to September and is very popular with people of all ages.

## Tennis Court

The park operates tennis courts directly behind the recreation hall. Rackets, balls and other equipment are available from the recreation hall or from the mini-golf clubhouse next door.

## Hiking and Biking

Numerous trails twist and wind through the area, and offer scenic routes through both wooded and open areas. Hikers and bikers can enjoy the quiet beauty of the area while sightseeing, bird watching or just getting some exercise, and may even get a glimpse of a moose, elk or deer while travelling the Trans Canada Trail.

## For Your Safety and Comfort

**Pets:** Pets are welcome in Good Spirit Lake Provincial Park, but please ensure you control your pet at all times. Pets are not allowed on the beach or cultivated lawns, and should not be allowed to roam free. Dogs running loose or left barking in an empty campsite or car can disturb the enjoyment of other park visitors.

**Hazards:** Safety of park visitors is a main concern of the park. Park visitors can help by reporting any hazards, dangerous obstacles or activities to park staff. Speed limits on park roadways and other specific park rules are clearly posted and intended to increase the safety and enjoyment of all park visitors.

**Park Security:** Staff patrol the park regularly to ensure that your visit is safe, quiet and enjoyable. These friendly and knowledgeable staff can assist you with information regarding the park and many other aspects of the area. Emergency contact numbers are posted at all bulletin boards and many other locations throughout the park.

## Trail Signage

The trail signs are universal in nature and are posted throughout Saskatchewan Provincial Parks. The signs provide recreational and directional information. Please follow them. They are posted for your safety and convenience.

## Park Regulations

Help keep the trails and park clean. Pack your garbage out.

- & Please check with the Park Manager for information on fire regulations.
- & Burning permits are required from April 1 to October 31. Check at the park office.
- & Firearms or bows and arrows must be encased or sealed in such a way to prevent their use, or kept in the trunk of a vehicle in such a way that they are not readily accessible.

## Courtesy First

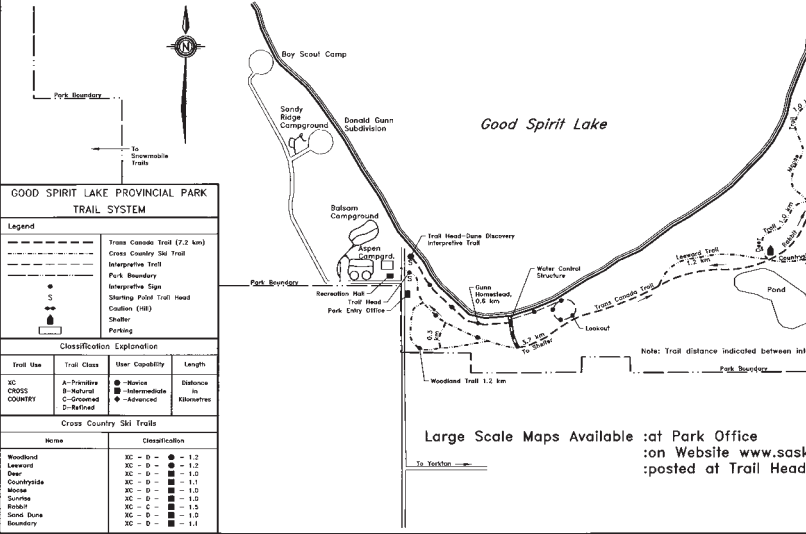
Respect the rights of other outdoor recreation users. Stay within areas designated for the activity in which you are participating.

## Winter Safety

Winter weather can be unpredictable and hazardous. Preparation and a few safety precautions can make your trip a more enjoyable one. Trails are not patrolled so travel in a group, carry adequate touring supplies and register at the park office if you are planning an extended trip.

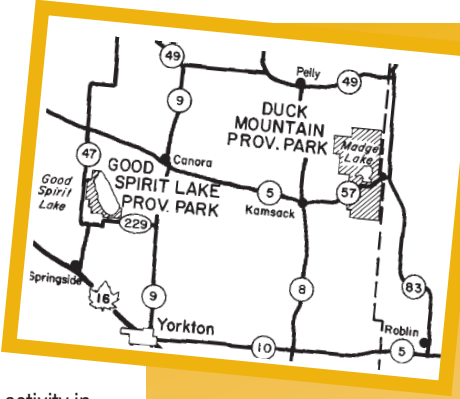
- & Within the group carry a repair kit: emergency ski tip, pliers, cork, wire, a knife, screwdriver, a flashlight, waterproof matches and a first aid kit.
- & High energy foods such as chocolate, peanuts and dried fruit provide a worthwhile trail snack. Replacing lost body fluid is also important. Carry a non-alcoholic beverage.
- & Cold? Keep your head covered and layer your clothing. In extreme cold, wear wool socks pulled over your ski boots.
- & Guard against and be able to treat signs of hypothermia and frostbite.
- & A fragile mantle of snow may camouflage thin ice or open water. Don't take chances, avoid crossing ice.

## Cross-country Skiing/Hiking Trails



## Snowmobiling

Snowmobile trails are provided on the west boundary of the park in the adjacent community pasture.



## While in the Area Visit

- ▶ Just one mile south of the park is Spiritwood Acres 18-hole grass green and irrigated course (fee charged)
- ▶ Visit the Western Development Museum in Yorkton
- ▶ Visit the Doukhobour Heritage Village in Veregin
- ▶ Visit Fort Pelly Trail Historic Marker, northwest of Pelly
- ▶ Visit our sister park, Duck Mountain Provincial Park by Kamsack