



MT. HOOD MEADOWS SKI RESORT

LIFT STATISTICS

LIFTS	ELEVATION	VERTICAL RISE
BLUE	5,378 - 6,555	1,177 Ft.
STADIUM EXPRESS	5,368 - 5,949	581 Ft.
EASY RIDER	5,434 - 5,866	432 Ft.
DAISY	5,368 - 6,040	672 Ft.
CASCADE EXPRESS	5,914 - 7,305	1,391 Ft.
HOOD RIVER EXPRESS	4,528 - 5,928	1,400 Ft.
BUTTERCUP	5,352 - 5,474	122 Ft.
MT. HOOD EXPRESS	5,368 - 6,546	1,178 Ft.
SHOOTING STAR	5,626 - 6,566	940 Ft.
HEATHER	5,253 - 5,958	705 Ft.
VISTA EXPRESS	5,450 - 6,571	1,121 Ft.

KNOW THE CODE

1. Always stay in control, and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail, or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

OREGON SKIER STATUTE ORS 30.970 TO 30.990

Violation of any of these duties entitles the ski area operator to withdraw the violator's privilege of skiing. The following are excerpts from the statute. References to "Skiers" & "Skiing" include skiing, snowboarding and other winter activities.

- Skiers accept and assume the inherent risks of skiing (in so far as they are reasonably obvious, expected or necessary).
- Skiers who ski in any area not designated for skiing within the permit area assume the inherent risks thereof.
- Skiers shall be the sole judges of the limits of their skills and their ability to meet and overcome the inherent risks of skiing and shall maintain reasonable control of speed and course.
- Skiers shall abide by the directions and instructions of the ski area operator.
- Skiers shall familiarize themselves with posted information on location and degree of difficulty of trails and slopes to the extent reasonably possible before skiing any slope or trail.
- Skiers shall not cross the uphill track of any surface lift except at points clearly designated by the ski area operator.
- Skiers shall not overtake any other skier except in such a manner as to avoid contact and shall grant the right of way to the overtaken skier.
- Skiers shall yield to other skiers when entering a trail or starting downhill.
- Skiers must wear retention straps of other devices to prevent runaway skis.
- Skiers shall not board rope tows, wire rope tows, j-bars, t-bars, ski lifts of other similar devices unless they have sufficient ability to use the devices, and skiers shall follow any written or verbal instructions that are given regarding the devices.
- Skiers, when involved in a skiing accident, shall not depart from the ski area without leaving their names and addresses if reasonably possible.
- A skier who is injured should, if reasonably possible, give notice of the injury to the ski area operator before leaving the ski area.
- Skiers shall not embark or disembark from a ski lift except at designated areas or by the authority of the ski area operator.

PARK SMART PRESENTED BY PROVIDENCE Hood River Memorial Hospital

Meadows offers parks with small, medium and large features. Make sure you choose the right-sized park for your ability.

SMART STYLE FREESTYLE TERRAIN

This orange oval designates Freestyle Terrain such as parks and pipes. Smart Style represents Freestyle Terrain safety. Know it, Respect it, Use it!

MAKE A PLAN

Every time you use freestyle terrain, make a plan for each feature you want to use.

LOOK BEFORE YOU LEAP

Scope around the jumps first, not over them. Know landings are clear and clear yourself out of the landing area.

EASY STYLE IT

Start small and work your way up. (Inverted aerials not recommended).

RESPECT GETS RESPECT

Respect the terrain and others • One person on a feature at a time • Wait your turn and call your start • Always clear the landing area quickly • Respect all signs and stay off closed terrain and features.

THE ATML METHOD:

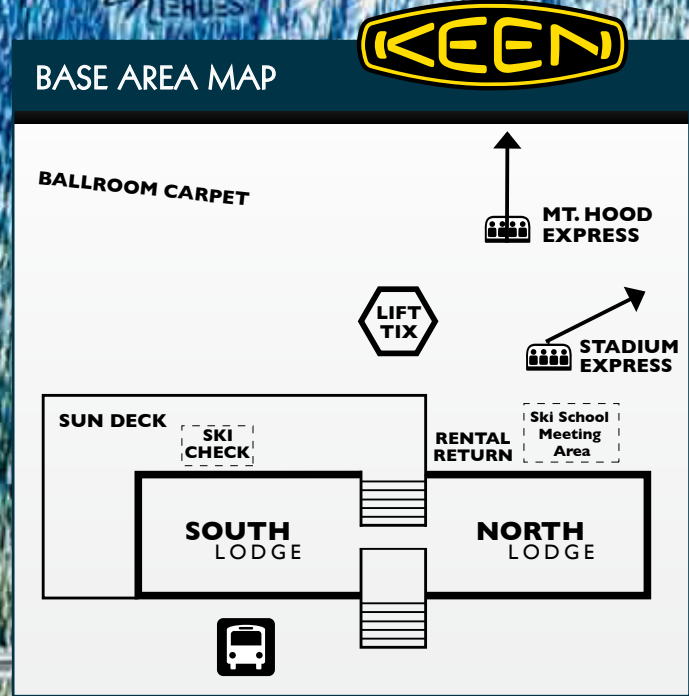
EACH FEATURE CAN BE BROKEN DOWN INTO 4 ZONES.

Approach zone is the space for setting your speed and stance to use the feature.

Takeoff zone is for making moves that start your trick.

Maneuver zone is for controlling your body in the air and setting up for landing.

Landing zone is the prepared slope between the knuckle and the runout beyond it.



This institution is an equal opportunity provider, operated under special use permit with the Mt. Hood National Forest.

TRAIL MAP LEGEND

- | | |
|-------------------|-------------------|
| EASIER | HIGH SPEED QUAD |
| MORE DIFFICULT | DOUBLE CHAIR LIFT |
| MOST DIFFICULT | DINING |
| EXPERT | RESTROOMS |
| FREESTYLE TERRAIN | FIRST AID STATION |
| NIGHT RUNS | SLOW ZONES |
| AREA BOUNDARY | SHUTTLE PICKUP |
| OUT OF BOUNDS | DOGGIE PARK |
| SUPERBOWL HIKING | |
| ACCESS GATES | |

MOUNTAIN STATISTICS

7,300 Ft. TOP CASCADE EXPRESS	2,150 SKIABLE ACRES
4,523 Ft. BOTTOM HOOD RIVER EXPRESS	140 NIGHT ACRES
2,777 Ft. VERTICAL RISE	430" ANNUAL SNOWFALL
5,366 Ft. BASE LODGE ELEVATION	10% BEGINNER
1,700 Vert. Ft. SUPERBOWL HIKING	55% INTERMEDIATE
9,000 Ft. TOP OF SUPERBOWL SKIING	15% ADVANCED
3 MILES LONGEST RUN	20% EXPERT

IN CASE OF ACCIDENTS

- Place skis upright and crossed in the snow above the scene of the accident.
- Report the accident to a ski patrol employee or to any lift station.
- For quickest assistance, please remain calm and give an accurate location and nature of the injury.
- In the event of a collision with another skier or rider, Mt. Hood Meadows requires those involved, including witnesses, to stop and render any reasonably necessary assistance and upon request present identification or supply his/her name to resort personnel, ski patrol members, or the other injured skier.

NORDIC CENTER

Meadows Nordic Center offers 15 km of groomed trails that are power tilled to create both molded tracks and skating lanes. Scheduled Thur-Mon + Holidays, 9AM-4PM.

TRACK	
Half/Full Day Adult	\$9/\$12
Full Day Junior	\$7
Half/Full Day Senior	\$7/\$9
RENTALS	\$22
LESSON	\$20
SEASON TRACK PASS	\$80

2011/2012 • TRAIL MAP & PRICE GUIDE

New Stadium Express High Speed Quad!



FIT HAPPENS It's not by accident.

Custom Boot Fitting
Stylized Performance Wear
Demo & Retail Gear
Accessories & Logo Wear
Custom designed for your Mt. Hood experience!



CONTACT INFO
Clackamas Sales & Marketing Office
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Clackamas, OR 97015
Mt. Hood Meadows Ski Resort
P.O. Box 470
Mt. Hood, OR 97041
COVER PHOTO: RICHARD HALLMAN
FreelanceImaging.com
SkiHood.com
mhminfo@SkiHood.com

PHONE NUMBERS
Mt. Hood Meadows Ski Resort..... 503.337.2222
Clackamas Sales & Marketing Office..... 503.659.1256
Meadows Lodging Referral Service 800.SKI.HOOD
Cooper Spur Mountain Resort..... 541.352.6692

SNOW PHONES
Portland..... 503.227.SNOW
Hood River..... 541.386.SKIS
Cooper Spur Ski Area..... 541.352.7803

SNO-PARK PERMITS
Required November 1st - April 30th to park in Oregon Department of Transportation maintained parking areas (including the Mt. Hood Meadows parking lots). Permits are available at our concierge and at the Hood River Meadows Skier Services Center or at any DMV office and many sporting goods stores. Purchase permits for \$25/season or \$5/day. Parking in an Oregon Sno-Park without a permit may result in a fine of \$30 or more.

RV PARKING
Meadows maintains up to 14 overnight RV parking spaces available on a first come first serve basis. RVs must be self-contained as no services or utilities are available. Vehicles require a Sno-Park permit and an overnight parking permit available at the parking office. The Overnight RV Parking space is located in a designated area in the resort's main lot. Two night maximum stay applies.

DAILY LIFT TICKETS

Adult Shift • 9am-4pm; 11am-7pm; 1pm-Close	\$74
Afternoon • Noon-4pm	\$59
Meadows After Dark • 3pm-Close	\$30
Upgrade from Shift to Open-Close	\$5
Junior 7-14 • 9am-Close	\$44
Senior 65-69 • 9am-Close	\$64
Senior 70+ • 9am-Close	\$44
Child 6 & Under • 9am-Close	\$10
Buttercup Beginner Chair • 9am-Close	\$49
Nordic Track Fee (Thur-Mon + Holidays)	\$12
Late Night • 6pm-Close	\$25

SKI or SNOWBOARD CHECK

For the day on South Lodge Deck.....	\$3
Season Ski and Snowboard Check.....	\$35

SEASON & SPECIALTY PASSES

Unlimited Lift	Specialty Passes
23-64.....\$999	Midweek.....\$429
15-22.....\$669	10 Time Pass.....\$439
7-14.....\$449	Family 4 Pack.....\$199
6 & Under.....\$20	Nordic (Track Fee).....\$80
65 & Over.....\$449	Season Locker.....\$425
65+ w/bus.....\$499	

STUDENT CARD (\$10)
Purchase for \$10 (proof of current enrollment – a print out of your current schedule – required). Receive \$10 off week-end or Meadows After Dark ticket with every visit, or \$20 off weekday non-holiday* tickets. (Age 15+ with photo I.D. proof of high school or college enrollment - class schedule with 9 credit minimum.)

GROUP PRICING (15 people or more)

Adult (Day/Night)	
Weekend/Holiday* Lift Ticket.....	\$64/\$19
Weekday* Lift Ticket.....	\$47/\$19
Rentals.....	\$32/\$27
2hr Lesson	\$40
Junior (Day/Night)	
Lift Ticket	\$35/\$19
Rentals	\$27/\$22

SKI & SNOWBOARD RENTALS

Adult (Day/Night)	
Full Package	\$39/\$34
Boots Only	\$39/\$34
Junior (Day/Night)	
Full Package	\$29/\$24
Boots Only	\$29/\$24
Helmet Rental	\$10

Outer Limits Sports carries a wide selection of helmets from Giro, Smith and Bern for those who prefer to purchase their own.

DEMO EQUIPMENT

Full Package (Alpine, Snowboard, or Telemark)	\$55
Skis Only	\$50
Snowboard Only	\$50
Boots Only (Skis/Snowboard)	\$49/\$44
Poles Only	\$8

Prices and dates in this price guide are subject to change without notice.
* Holiday Time Frames include 12/19/11 - 1/1/12, 1/16/12 & 2/20/12.

DAY CARE CENTER
Full-day & half-day options for children as young as 6 weeks, as well as ski lessons for ages 3 thru 6. 503.337.2222, EXT. 1374

SKI & SNOWBOARD SCHOOL

YOUTH (Ages 4-12)
KIDSKI & KIDRIDE (M-F / Sat, Sun + Holiday periods)
Full Day (4hr lesson).....\$100/\$125
With Rental.....\$110/\$135
Half Day (2hr lesson).....\$75/\$100
With Rental.....\$85/\$110

TWILIGHT KIDS CLUB (Sat, Sun + 12/21-23, 12/25-30)
Includes lift ticket, 2-hr lesson & dinner, with supervision from 3-7pm. Parents receive a 3pm-close lift ticket for each child enrolled. Twilight Kids Club \$75/\$85 With Rentals

3 DAY HOLIDAY KIDS CAMP \$275 + \$20 For Rentals
Offered during Christmas and Spring Break. Includes 4 hours on-snow instruction and lunch. Dec. 19-21; Mar. 19-21; Apr. 2-4
Additional \$5 charge for kids ages 4-6 (max. class size of 3 students / instructor). Applies to KIDSKI, KIDRIDE & Twilight Kids Club. Add. \$10 charge for Kids Camps. CHILDREN'S LEARNING CENTER - 503.337.2222, EXT. 1419

ADULT (Ages 13+)
GROUP LESSON
Full Day (4hr lesson).....\$70
Half Day (2hr lesson).....\$50

LEARN TO SKI or RIDE PACKAGES
Full Day (4hr group lesson, beginner lift ticket, rentals).....\$90
Half Day (2hr group lesson, beginner lift ticket, rentals).....\$70
Private (1 hour private, beginner lift ticket, rentals).....\$125
After Dark (2hr group night lesson, beginner lift ticket, rentals)...\$35

3 TIME LEARN TO SKI or SNOWBOARD PACKAGE
Package includes three lift tickets (two Buttercup and one all-mountain), plus rentals and a two-hour lesson each day.
Day.....\$139
After Dark (Lessons, lifts, and rentals good after 3pm).....\$79

BEYOND BEGINNER LESSON PACKAGE
Package includes a group lesson, all-mountain lift ticket and rentals.
Full Day (4hr lesson).....\$139
Half Day (2hr lesson).....\$119

BEYOND BEGINNER PRIVATE LESSON PACKAGE
Package includes a private lesson, all-mountain lift ticket and rentals.
One-Hour Lesson.....\$155
Each Additional Hour.....\$65
ADULT LESSONS - 503.337.2222, EXT. 1222

PRIVATE LESSONS (All Ages) 1st Person / Each Add.
One Hour.....\$100/\$65
Each Additional Hour.....\$65/\$15
Late-Bird 2hr Private Lesson.....\$135/\$65
Buy 4 private lessons in advance and receive the 5th one free!
PRIVATE LESSONS - 503.337.2222, EXT. 1222

ONE DAY CLINICS \$99
Specialized instruction from 9 AM - 4 PM with video analysis. Clinics begin with continental breakfast at 8:15 AM. *Midweek clinics are \$59, do not include continental breakfast and are from 10 AM - 3 PM.

WOMEN'S (12/18, 1/7, 1/21, 2/12, 3/17, 4/7)
All-women program for intermediate skiers and riders.

TELEMARK (1/14, 2/5, 3/10, 4/8)
Beginner and intermediate telemarkers.

GRAND MASTERS (1/17, 1/18, 1/19) *
Senior-specialists teach intermediate and advanced techniques.

GS RACE CLINIC (2/14, 2/15, 2/16) *
Intermediate and advanced skiers carve cleaner turns in all conditions.

FREESTYLE (1/22, 2/25, 3/18)
Advanced skiers and riders (ages 10 and up) improve park & pipe skills.

STEEPS (12/17, 1/8, 1/28, 1/31, 2/1, 2/2, 2/11, 2/19, 3/3, 3/25, 4/14) *
Advanced and experts improve steep and un-groomed terrain abilities. ADVANCE RESERVATIONS REQUIRED - 503.337.2222, EXT. 1222
Prices and dates in this price guide are subject to change without notice.



HEATHER CANYON
CLARK CANYON
PRIVATE RESERVE



Closest Lodging To Meadows

- Cabins & Condos
 - Hotel Rooms & Hot Tubs
 - Skiing & Nordic Center
 - Restaurant
 - Family Friendly
- CooperSpur.com
541-352-6692

Free Meadows Lift Tickets!
With a 3-Night Stay (Sun – Tues arrivals).
Some restrictions may apply.

Lift your clients or staff to new heights this year in a breathtaking setting with superb catering in the Vertical Performance Institute!

ROSSIGNOL NEW RENTAL FLEET!

HEATHER CANYON, CLARK CANYON AND PRIVATE RESERVE

Gate Access Only

Access to Heather Canyon, Clark Canyon and Private Reserve is through access gates only. These areas are not patrolled on a regular basis and avalanche danger exists at all times. You may be entering tightly wooded and cliffed terrain. Beware of waterfalls, creek holes, and other unmarked obstacles. Names shown are for reference only and are not designated trails or runs.

Skiing/Riding with a partner and carrying a beacon, probe, and shovel are highly recommended. Closure violators will lose lift privileges and may be criminally trespassed.

AVALANCHE MITIGATION ADVISORY:
Mt. Hood Meadows uses several methods for avalanche reduction including remote delivery systems. Mitigation work may be in progress at any time. Stay out of closed areas!

DON'T CROSS A CLOSED BOUNDARY!
Mt. Hood Meadows has both internal and exterior boundaries designating closed areas. Entering a closed area, crossing a closed boundary, or entering an open area by crossing over or under boundary rope rather than through gates will result in loss of lift privileges and potential criminal trespass proceedings. Accessing a closed area/boundary requiring search and rescue efforts will result in a minimum \$1,000 Rescue Fee. STAY OUT OF CLOSED AREAS!